SAVE the DATE

January 26-30, 2015

Kindness Matters

GreatKindnessChallenge.org
A Kids for Peace Experience

Kindly Presented by Dignity Health™
Dear Parent/Guardian,

We are creating a culture of kindness on campuses nationwide. Our school will join hundreds of schools across the country for the 2015 Great Kindness Challenge. Your child is part of a powerful and positive bullying prevention initiative that will lead to more kindness, unity and respect.

Bullying is an epidemic problem. According to National Education Association 1 in 3 children are harmed by bullying. With your students help, we can make a lasting change in children’s lives, making it safe to learn and thrive at school and beyond.

To learn more about The Great Kindness Challenge, please visit: www.greatkindnesschallenge.org

Thank you in advance for helping us create a culture of kindness.

With Great Gratitude,

Your Principal
The Great Kindness Challenge is one week dedicated to creating a culture of kindness on campuses nationwide.

Our school is proudly participating in this proactive, positive bullying prevention initiative.

All students will receive a GKC checklist with 50 kind deeds. Please encourage your child to complete the checklist and show the world that ...

KINDNESS MATTERS!

January 26 - 30, 2015
The Great Kindness Challenge
School Edition

We challenge you to perform as many kind deeds as you can in one week. Using the checklist below, check off your acts as you go. Have fun!

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The Challenges

- Smile at 25 People
- Slip a Nice Note in Your Friend’s Backpack
- Compliment 5 People
- Pick Up 10 Pieces of Trash on Campus
- Make a New Friend
- Tell a Joke and Make Someone Laugh
- Be Kind to Yourself and Eat a Healthy Snack
- Learn Something New About Your Teacher
- Draw a Picture and Give It to Someone
- Help a Younger Student
- Give a KIND Handshake to Greet a Classmate
- Recycle Your Trash
- Hug Your Friend
- Pick Up Trash Outside Your School
- Cut Out 10 Hearts & Give Them to Friends
- Entertain Someone with a Happy Dance
- Make a Kind Poster for Cafeteria Helpers
- Show Appreciation to a Counselor or Mentor
- Say “Good Morning” to 15 People
- Design a Thank You for the PTA/PTO
- Make a Wish for a Child in another Country
- Say “Thank You” to a Crossing Guard
- Invite a New Friend to Play/Hang Out with You
- Send a Thank You to Your Superintendent
- Offer to Help Your Custodian
- Sit with a New Group of Kids at Lunch
- Read a Book to a Younger Child
- Give an Apple or a Note to Your Teacher
- Step Up for Someone in Need
- Make and Display a “Kindness Matters” Sign
- Carry Your Friend’s Books
- Help Your PE Teacher with the Equipment
- Make a Bookmark for a Friend
- Hold the Door Open for Someone
- Pat Yourself on the Back
- Thank a Bus Driver or Car Pool Driver
- Write a Thank You on a Band-Aid for the Nurse
- Listen to Your Teacher the First Time
- Whisper Thank You to the Librarian
- Help Someone Up If They Fall Down
- Lend a Pencil to a Friend
- Learn to Say “Hello” in a New Language
- Bring a Flower to the Office Staff
- Show Appreciation to Your Principal Creatively
- Help Your Teacher with a Needed Task
- Be on Time for School
- Say “Thank You” to a Volunteer
- Give Your Friend a High Five
- Make a Friendship Gift for Someone New to You
- Create Your Own Kind Deed

A Kids for Peace Experience
KidsforPeaceGlobal.org
GreatKindnessChallenge.org

(Your Name Here)